

MAIL THIS PORTION BACK WITH PAYMENT

Name: _____
(This name will appear on your pick up bag at Event)

Address: _____

Email: _____

Contact #: _____

5K Buddy Run/Event:

(If you pay the 5K fee, this INCLUDES the optional 1K)

of Runners _____ X \$35.00 = _____

1K Buddy Walk/Event:

of Walkers _____ X \$18.00 = _____

*****Please Note: PRE-Registration DEADLINE to be Guaranteed a FREE Buddy Walk® T-Shirt is August 31, 2016**

Shirt Size(s):

Adult: _____ S _____ M _____ L

_____ XL _____ 2X _____ 3X

Child: _____ XS _____ S _____ M _____ L

Signature: _____

By registering by mail you are agreeing to our Walk®. In consideration of me and/or my minor child being permitted to participate in the Buddy Walk, I hereby for myself, my heirs, and personal representative, assume any and all risk which might be associated with the event, I further waive, release, discharge and covenant not to sue BlesSED by Downs or National Down Syndrome Society, its officers, employees, sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damage of any kind whatsoever suffered by myself and/or my minor child as a result of taking part in the events and any related activities. I also authorize the use by BlesSED by Downs of any photo, film, video tape, etc., taken of me or my minor child at the event for any purpose!!! In the event of cancellation due to bad weather, Participant Registration are non-refundable and T-Shirts will only be guaranteed to those who PRE-registered before Aug 31, 2016. Days activities subject to change. Organization reserves the right to cancel event, with no refunds, for any unforeseen circumstance.

BLESSED BY DOWNS is the Southeast La Affiliate of the National Down Syndrome Society!

The NDSS is celebrating it's 22nd year of the Buddy Walk®..

Blessed by Downs is EXCITED to celebrate our 5th annual Buddy Walk In Southeast La & 8th Buddy Walk since the organization was founded!!!

PRE-Registration Fee is \$18.00 per person for the 1K Buddy Walk and \$35.00 for the 5K, person w Down syndrome & children under 2yrs are FREE! (Person with Down syndrome will receive a FREE T-Shirt with free registration.)

***Please note: PRE-Registration will end on August 31, 2016 at 10:00pm

Should you choose to not PRE-register online...

ONSITE Registration is \$25.00 pp for 1K Buddy Walk or \$40.00 pp for 5K.

***If you are running the 5k... the onsite registration will begin at 8:00am and the 5K race will begin at 8:30am.

*** If you are participating in only the 1K Buddy Walk... onsite registration will begin at 8:30am and walk begins after announcements at approx 9:30am.

Activities will begin following the walk/run.

2016 Registration Fee will include: Walk/run fee, food, refreshments, VELVET SKY BAND, activities for children & more...

***Please Note: **PRE-Registration DEADLINE to be Guaranteed a FREE Buddy Walk® T-Shirt is August 21, 2016.**

You're invited!!!

Come out & enjoy a day of FUN with Family & Friends as we

raise awareness,

promote acceptance & inclusion, and celebrate the

value of

individuals born with

Down syndrome

in our local community!!

Since 1995, the Buddy Walk® has become the premier advocacy event for Down syndrome in the United States. It is also the world's most widely recognized public awareness program for the Down syndrome community.

In 2015 there were more than 315,000 participants raising nearly \$13 million dollars in more than 250 events across the country and around the world.

-In 2013 the Buddy Walk® was again ranked among the top 30 fundraising events nationwide by the Peer-to-Peer Professional Forum. This year, the Buddy Walk® ranked #30 for money raised, #13 for number of events and #7 for number of participants. We are proud to have made the list yearly since 2008.

- More Buddy Walk® info www.ndss.org



BlesSED by Downs.org
Down Syndrome & Downs

Graphic Design by Brandon Usey